



Stay; For Life 2nd annual “Trent’s Tree” in multiple locations to support mental health and suicide prevention

Stay; For Life, a nonprofit striving to decrease the stigma around men’s mental health will be hosting several Trent’s Tree locations for the 2023 holiday season. Trent’s Tree was created by Trent’s Mom, Angela Whitten, co-founder and president of Stay; For Life during the holiday season of 2022. The interactive project was such a huge success, that communities began asking what they could do to host a Trent’s Tree in their hometown. How Trent’s Tree works: individuals are invited to hang an ornament to honor Trent; to honor a loved one lost to suicide; or to honor themselves or someone else who faces mental health battles. Individuals are also encouraged to visit Trent’s Tree simply to gain peace and strength from the outpouring of love displayed on the tree. The holiday season can be a hard time for many, Stay; For Life hopes that Trent’s Tree reminds people that they are not alone. What can be expected when visiting a Trent’s Tree location: guests can expect to have their privacy respected during their visit, no one will greet

them to discuss their reason for visiting. Trent's Tree locations will be open to the public from December 1st to January 5th.

Locations for Trent's Tree 2023 include the University of Maine at Orono, Alford Arena; Husson University, Peabody Hall; Town Hall of Millinocket; Wells High School; Kittery Animal Hospital; Bandaloo Restaurant in Arundel, and Trent's home at 869 Bragdon Road in Wells. Individuals are also welcome to mail an ornament to Stay; For Life, 869 Bragdon Rd, Wells, ME 04090.

To learn more about Stay; For Life, visit their website at www.stayforlife.org or their social media pages on Facebook and Instagram. Financial donations are welcomed, to help support their ongoing efforts in the area of mental health and suicide awareness.



Stay; For Life provides outreach to schools, businesses, and the community offering education around suicide facts and prevention, and advocacy around the importance of mental health in today's world.

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